

Kipp Clark, ACMT, MCThA

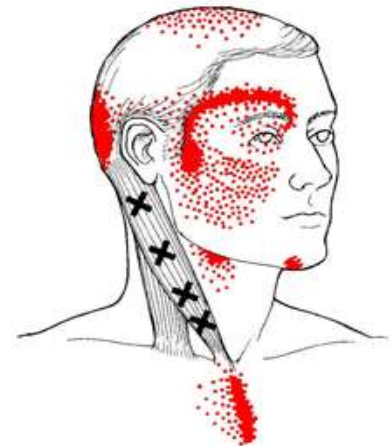
- Specialist in the treatment of pain
- Advanced Clinical Massage Therapist
- Sports Injury Therapist
- Reflexologist



Are you suffering with a chronic pain condition?

The majority of chronic pain is actually 'soft-tissue pain' (pain in the muscle, fascia, tendon, ligament); however most people suffering with chronic pain are not seeing a 'soft-tissue expert' for treatment. Kipp has extensive training in cutting-edge massage and bodywork techniques such as Trigger Point Therapy and Myofascial Release, which can effectively address soft-tissue pain which may not respond to conventional treatment approaches. Treatable conditions include:

- Chronic & Muscular Pain Conditions
- Arthritis & Joint Pain
- RSI & Carpal Tunnel Syndrome
- Whiplash & Headaches
- Shoulder Injury & Frozen Shoulder
- Abdominal & Pelvic Pain/Problems
- Scarring & Post-operative Problems
- Stress Related Health Problems (eg. IBS, insomnia)



Kipp offers condition-focused treatment with a holistic approach to re-balance your body. Treatment is slow, specific and intuitive with a 'listening touch' including Sports Massage techniques, applied in a gentler, more effective manner. Bespoke massage treatment, involving a wide variety of techniques, can help avoid injury, restore biomechanics, ease stiffness and improve quality of life. Kipp's training in orthopaedic assessment, body reading and rehabilitation exercise also gives him both a better understanding of your condition and the ability to advise you on self-help to avoid future injury/pain problems. For more information or to book an appointment, contact:

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