

## Therapist Qualification & CPD record

### Professional therapy & related academic qualifications:

Qualification	Training School	Date	Grade
Thai certificate in traditional massage	Wat Po traditional medicine school, Bangkok	25/6/03	n/a
Thai certificate in advanced medical massage therapy	Wat Po traditional medicine school, Bangkok	1/7/03	n/a
ITEC level 3 anatomy & physiology	Guildford college of higher education	Feb 2004	Credit
Certificate in ayurvedic massage	The seed institute	April 2004	n/a
VTCT level 3 certificate in reflexology	Guildford college of higher education	31/7/04	n/a
VTCT level 3 certificate in Swedish massage	Guildford college of higher education	31/7/04	n/a
Certificate in torque release technique	McTimmony college of chiropractic/Holder Institute	Dec 2004	n/a
Certificate in Auriculotherapy (electric ear acupuncture)	McTimmony college of chiropractic/Holder Institute	Dec 2004	n/a
Foundation in holistic medical massage	Jing advanced massage	19/3/05	n/a
Myofascial release (module 1)	Jing advanced massage	16/9/05	n/a
Myofascial release (module 2)	Jing advanced massage	9/11/05	n/a
Human biology A-level	Farnborough college of technology	June 2006	B
Amma fusion (eastern meridian massage)	Jing advanced massage	19/11/06	n/a
L2 certificate in helping skills (counselling)	Alton college	?	n/a
NCFE L2 cert in Nutrition & Health	Nescot college	8/6/18	n/a
Jing advanced clinical massage therapy (ACMT)	Jing advanced massage	Feb 2011	n/a
Certificate in ultrasound therapy	Physique management	10/4/11	n/a
Level 6 BTEC in advanced clinical & sports massage	Jing Institute of advanced massage training	May 2013	Distinction
Qualification in manipulative therapy	Cameron Reid training	Sept 2016	n/a
Certificate in medical acupuncture	OMT training	March 2018	n/a
Visceral manipulation (VM) 1 the abdomen (part 1)	Barral institute UK	3/3/19	n/a
VM2 the abdomen (part 2)	Barral institute UK	9/6/19	n/a
VM3 the pelvis	Barral institute UK	18/9/19	n/a
Tui Na foundation diploma (Chinese medical massage)	Bodyharmonics training centre	October 2020	Distinction

**CPD record:**

<b>CPD</b>	<b>Type of CPD</b>	<b>Training source/Author</b>	<b>Date</b>
Emotional freedom technique	1 day course	The college of osteomyology	26/10/03
Clinical conundrums & patient interrogation techniques	1 day course	The college of osteomyology	6/12/03
Upper body manipulation	1 day course	The college of osteomyology	22/2/04
The concise book of muscles	Book read	Chris Jarmey	March 04
1 <sup>st</sup> responder first aid	1 day course	Redbridge training	20/3/2004
Visceral release	1 day course	The college of osteomyology	13/6/04
Muscle assessment for the lower back & pelvis	1 day course	The college of osteomyology	19/9/04
Lower body manipulation	1 day course	The college of osteomyology	31/10/04
Handbook of osteopathic technique	Book read	Lawrie Hartman	Nov 2014
Certificate in soft-tissue release	2 day course	The holos massage school	13/2/05
Auriculotherapy manual	Book read	Terry Oleson	January 2005
The concise book trigger points	Book read	Simeon Niel-Asher	April 05
The theory & practice of spinal disorders	1 day course	Physio Med & the Saunders group	21/4/05
HMM for lower back pain	2 day course	Jing advanced massage	1/5/05
Training in therapeutic laser & ultrasound	2-hour seminar	Physio Med	27/5/05
HMM for neck & shoulder pain	2 day course	Jing advanced massage	19/6/05
HMM for leg, knee & foot pain	2 day course	Jing advanced massage	6/9/05
HMM for carpal tunnel syndrome & RSI	1 day course	Jing advanced massage	21/9/05
HMM for shoulder girdle pain	2 day course	Jing advanced massage	7/10/05
Healing ancient wounds	Book read	John Barnes	October 05
The shoulder, master class	1 day course	The natural health school of comp therapies	6/7/06
Advanced sports stretching	3 day course	Jing advanced massage	12/11/06
The anatomy of stretching	Book read	Brad Walker	December 06

Jing spring fling 2006 & 2008 (6 x 2 hour seminars)	2 x 1 day course	Jing advanced massage	2006 & 2008
Myofascial release for CFS & fibromyalgia	1 day course	Jing advanced massage	30/11/06
HMM for hip & pelvis	2 day course	Jing advanced massage	9/3/07
Deep tissue massage	2 day course	Jing advanced massage	17/5/08
Working with the spine	2 day course	Jing advanced massage	17/3/09
Visceral manipulation for the abdomen	2 day course	Jing advanced massage	15/11/09
Buttocks, hips & thighs	1 day course	The London massage company	22/4/10
Visceral manipulation for the thorax	2 day course	Jing advanced massage	15/7/10
Living anatomy	1 day course	Jing advanced massage	15/10/10
Structural integration - direct myofascial release	3 day course	Jing Institute of advanced massage training	26/1/14
Mental health first aid (MHFA lite)	2 day course	Treloars training	21/7/2016
First aid - appointed persons	1 day course	Treloars training	3/1/2018
Fascia manipulation for nerves	2 day course	Jing Institute of advanced massage training	16/3/18
Muscle energy techniques - master class	1 day course	John Gibbons - Bodymaster method	4/12/18
A pathway to health	Book read	Alison Harvey	April 19
Myofascial release for scar tissue, mastectomy, caesarean	1 day course	Jing Institute of advanced massage training	12/3/20
Online TMJ CPD	2-hour online course	Jing Institute of advanced massage training	25/3/20
TMJ & face/head pain	1 day course	Jing Institute of advanced massage training	30/6/2020
The Tui Na manual	Book read	Maria Mercetti	August 2020
Tui Na on site neck & shoulder certificate	Part of diploma	Bodyharmonics	October 2020
1-1 training in combination therapy and electrotherapy stimulation	2-hours online Zoom training	Roy Bennett from EMS Physiotherapy Equipment	27/11/20 & 4/12/20