

Kipp Clark

JACSMT, MCThA

-Clinical Massage Therapist

-Sports Injury Therapist

-Reflexologist

Kipp Clark

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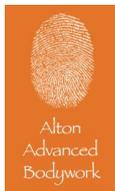
Personal Statement

I am an advanced clinical & sports massage therapist, bodyworker and holistic therapist who runs a successful musculoskeletal treatment clinic in Alton, Hampshire. My specialism is the treatment of chronic, soft-tissue pain conditions; I also frequently treat sports/activity injuries. In 2013 I gained a distinction in the respected, Jing Institute, level 6 BTEC in Advanced Clinical & Sports Massage; to complement this I have undertaken post-graduate training in medical acupuncture, combination/ultrasound therapy, manipulative therapy and visceral manipulation. In addition to my main musculoskeletal work, I also offer a number of holistic therapies, including reflexology, Thai massage, tui na (Chinese medical massage) and Swedish massage.

My journey into complementary medicine began while travelling south-east Asia in 2003. I was fascinated with the ancient art of Thai massage, and decided to enrol on two courses at Bangkok's famous Wat Po traditional medical school. At age 25, I was still unsure what career I wanted, though I always had an interest in science and complementary medicine; this study time helped me decide to pursue a career as a 'hands-on' therapist. I returned to the UK and studied the required entry level courses, plus other holistic therapies; I quickly realised I was most interested in specialist bodywork treatment for musculoskeletal issues and ill health. I have been lucky enough to undertake much fascinating study in these areas, and continue to study, whenever time and money allows. I hope to complete my visceral manipulation study, plus other advanced courses with the Barral Institute UK. I also hope to further my tui na/acupressure knowledge and study medical herbalism in the future. I hope my career allows me to work alongside NHS professionals, synergistically, for the benefit of the patient. I also would like to design and make my own herbal supplements & products to sell commercially; teaching specialist massage & bodywork therapy to post-graduate students is another career aim of mine.

Professional Education

| Qualification | Training School | Date | Grade |
|---|---|----------------|-------------|
| Thai certificate in traditional massage | Wat Po traditional medicine school, Bangkok | 25/6/03 | n/a |
| Thai certificate in advanced medical massage therapy | Wat Po traditional medicine school, Bangkok | 1/7/03 | n/a |
| ITEC level 3 anatomy & physiology | Guildford college of higher education | Feb 2004 | Credit |
| VTCT level 3 certificate in reflexology | Guildford college of higher education | 31/7/04 | n/a |
| VTCT level 3 certificate in Swedish massage | Guildford college of higher education | 31/7/04 | n/a |
| Human biology A-level | Farnborough college of technology | June 2006 | B |
| NCFE L2 cert in Nutrition & Health | Nescot college | 8/6/18 | n/a |
| Jing advanced clinical massage therapy (ACMT) certificate | Jing advanced massage | Feb 2011 | n/a |
| Level 6 BTEC in advanced clinical & sports massage | Jing Institute of advanced massage training | May 2013 | Distinction |
| Qualification in manipulative therapy | Cameron Reid training | Sept 2016 | n/a |
| Visceral manipulation: VM1, VM2: the abdomen, VM3: the pelvis | Barral institute UK | 3/3/19-18-9-19 | n/a |
| Tui Na foundation diploma (Chinese medical massage) | Bodyharmonics training centre | October 2020 | Distinction |



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*Work History

*Green = therapy roles, Orange = other part time employment (second jobs)

| Job | Role/responsibilities | Organisation | Dates | Time in role |
|--|---|---|---|---|
| Clinical massage & bodywork therapist. Holistic therapist. | Sole trader & clinic owner at Alton Advanced Bodywork, treating pain conditions and musculoskeletal issues. | Clinic room sublet from Compleet Feet podiatry clinic. | February 2013 - Current day | 8 years |
| Domiciliary support worker (previously bank staff) | Care work for disabled young adults. Independence/admin support. | Treloar Trust (Campbell Court, supported living flats). | June 2015 - Current day (Dec 2005 - May 2015 on the bank) | 5 years, 8 months (9 years, 5 months on bank) |
| Clinical massage & bodywork therapist, Holistic therapist | Sole trader & clinic owner at Alton Advanced Bodywork, treating pain conditions and musculoskeletal issues. | Treatment room rented off Bodyline beauty therapy @ Time hairdressers. | Sept 2006 - January 2013 | 6 years, 4 months |
| Drug & alcohol support worker. | Outreach worker on a needle exchange (harm reduction). Drug and alcohol support work. Needle exchange admin/management. | Cranstoun drug services (Nexus outreach), then Crime reduction initiatives (CRI). | 01/02/09 - 25/03/11 > April 11 - ? | ? |
| Holistic & massage therapist. Chiropractic assistant. Receptionist. | General clinic duties, admin, and reception work. Chiropractic assistant duties and giving massage & holistic therapy treatments. | Family Therapies, Alton, Hants. | August 2004 - August 2006 | 2 years |

Achievements & Experience:

- Distinction grade in my level 6 Massage BTEC & Tui Na qualification.
- 14-years training and experience in the treatment of musculoskeletal ailments.
- Extensive knowledge of natural treatments and effective herbal/nutritional supplement usage, for healthcare & rehabilitation.
- Sound knowledge in physical disabilities, manual handling, care work and the treatment of disabled individuals; through my second job as a care worker.
- Training, experience and knowledge in active listening and basic counselling (helping skills) through both my work, and work/professional study.
- Sound knowledge in drug & alcohol addiction/treatment through my drug & alcohol work/training, and personal knowledge.
- Experience writing complementary healthcare blogs, and developing/presenting online seminars.
- Knowledge of CBT, mindfulness and relaxation techniques for mental health and addiction.

Hobbies & Interests: I have always had an interest in biology, geography and the natural world; my hobbies and interests reflect this. I enjoy hiking, camping and the countryside; my grandad shared a love of nature with me, I now enjoy sharing this with my children. I like cultivating herbs, vegetables and chilli's; I hope to have my own medicinal herb garden and vegetable plot in the future. I have an interest in folk cures & herbalism, and hope to develop many of my own. I enjoy many sports including martial arts, yoga/Pilates, racquet sports, attending the gym and have recently purchased a fishing kayak, for use at our caravan on Hayling island.