

Pathology or Condition	Advanced Massage & Bodywork	Sports Massage & Injury Treat	Reflexology	Struc. Fascial Bodywork	Amma Fusion (Eastern Massage)	Auriculotherapy	Table Thai Massage
Abdominal & Pelvic Pain/Problems	X		x				
Addictions (Food/weight, Drugs, Alcohol, Sex)			x			X	
Arthritis & Joint Pain	X						X
Back Pain or Sciatica	X		x			x	
Biomechanical Problems & Muscle Imbalances		X		X			
Carpal Tunnel Syndrome/RSI	X						
Chronic Pain condition (any longstanding pain)	X						
Chronic Fatigue Syndrome & Chronic Illness	x		x		X		
Depression, Anxiety & Insomnia			X		X	x	
Disability & Elderly Treatment	X						
Ear, Sinus Problems & Dizziness	X		x		X		
Fertility & Reproductive Problems	X		X		x		
Fibromyalgia & Myofascial Pain Syndrome	X						
Frozen Shoulder & Shoulder Impingement Synd.	X						
Headache or Migraine	X		x				
IBS, Digestive Problems & Constipation	X		X		x		
Menstrual Problems & Endometriosis	X		X				
Muscular Tension or stiffness	X						
Post-Mastectomy/Lumpectomy Cording & Fibrosis	X						
Postural Problems (Kyphosis, Scoliosis, Lordosis, Dowagers Hump, Twisted Pelvis, Forward Head Pos.)	x			X			
Pre/Post Event Sports treatment, Deep Tissue, DOMS		X	x				
Restricted Joint Mobility & General Stiffness	X						X
Runners Knee, ITB friction & Patellofemoral Pain		X					
Ruptured (Slipped, Herniated) Disc	X			x			
Scar Tissue & Post-Operative/Radiotherapy Problems	X						
Shin Splints, Compartment Syndrome & Cramping		X					
Sports Injuries (Strains, Sprains, Acute pain)		X					
Stop Smoking (in 3 treatments)			x			X	
Stress Related Health Problems (inc. Low Mood)			X		x		
Temporomandibular Joint (TMJ) & Bruxism	X						
Tendonitis, Tendonosis & Tenosynovitis		X					
Tennis Elbow & Golfers Elbow		X					
Whiplash & Cricked Neck		X					

Key:

X : Highly recommended for specified pathology/condition.

x : Also recommended for specified pathology/condition. May be particularly helpful in specific circumstances!